

SKI, MOUNTAINS AND
TERRITORY

Pejo- Val di Susa

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DAY 1

January 13th
Saturday

1.00 pm:

The trip begins now!



3.30 p.m.:
A little pit-stop

5.20 p.m.: Arrival in Pejo

Fonti

Our class at the
hotel after the
check in



9.00 p.m.:
After
dinner, we
had a
little tour
of Pejo
Fonti

DAY 2

9.00 a.m our very first
ski lesson

January 14th
Sunday

Visiting Casanova
local farm



11.30 a.m. our
lunch at Pejo
3000



The farmer taught
us how to make
butter.
It seemed
difficult...



...but we eventually made it

DAY 3

January 15th
Monday

9.00 a.m.: Ski
lessons again



At “Pasticceria della
nonna”



Hot chocolate tasted
even better after long
hours of skiing

8.30p.m.: night walk with
snowshoes

It was really cold, but...



...The stars were
astounding!



Orion
constellation



9.00 a.m.:

Ready for ski lessons!



DAY 4

January 16th

Tuesday

4.00 p.m.: we visited Stelvio
National Parck's wildlife area



Here the
mountain
guide is
showing us
the map of the
valley



In this wildlife area
wounded or ill deers and
fawns found lonely in the
forest are recovered...



...but we also learnt that most of them ends
up living there their entire life

DAY 5

January 17th
Wednesday

9.00 a.m.: our very
last ski lesson



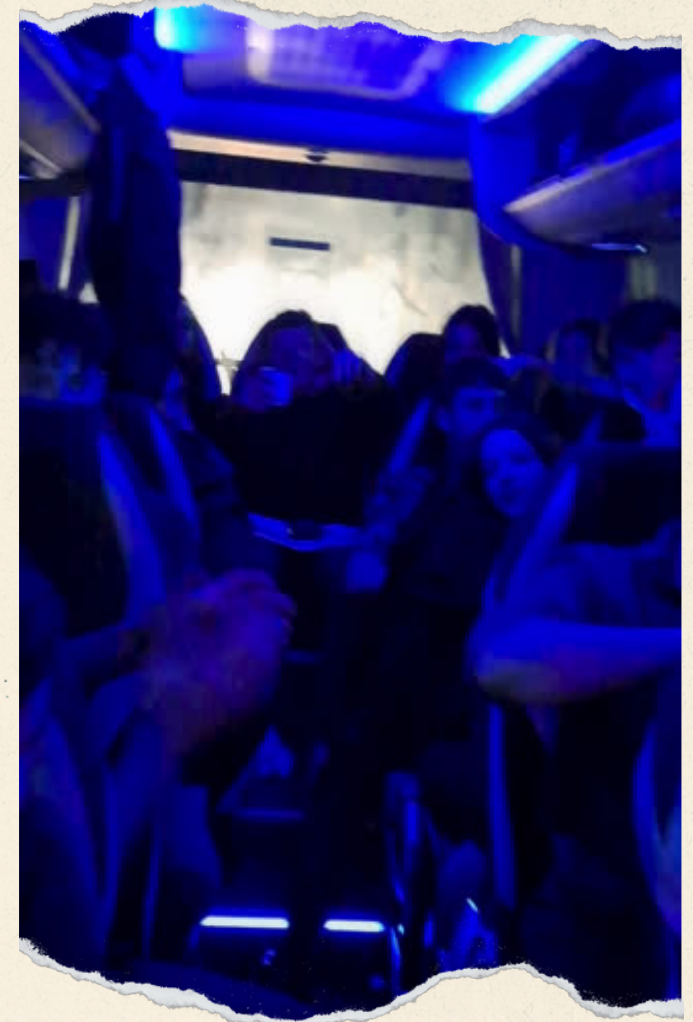
And last
luch at
Mythe



4.00 p.m.: on our
way home



8.20 p.m.:
Back to Milan!





Conclusions



What have we learnt during this experience?

- I learned to adapt to difficult situations and to live with other people in the same room.

-Pietro

- I've learnt to manage the skiis better and to be more confident with them, so i had more fun

-Rafael

- I've learnt to be more open-minded and to have a better connection with nature, and I've also learnt a new sport that I discovered to love.

-Elisa

- I've learnt plenty of new things during this experience, for example I've learnt to ski from scratch, even though I always believed that I would have never be able to learn a sport so fast.

-Miriam



Conclusions

How was our digital detox?

- I didn't miss my phone much, in fact before the trip I thought that not having the phone would have been difficult but after the trip I think it was better. In fact I wouldn't have fully experienced some moments with the phone with me.

-Pietro

- I realized that I no longer really needed the phone when i was laughing and joking with my friends and i just forgot about it so i didn't miss it at all

-Rafael

- I didn't feel the necessity to use my phone because we did lots activities and I had fun with my classmates, but sometimes I wanted it to call my family

-Elisa

- At first not having my phone in my pocket felt really strange, but I discovered many fun thing someone can do whitout a phone, so no, I didn't miss it.

-Miriam

